



The Nottingham Telegraph

**July 22nd, 2024 to
July 28th, 2024**

**Assisted Living Residence
Questions? Comments?**

**Sarah Bogacz,
Recreation Specialist:**

315-413-3596

Kaileigh Roy,

Recreation Specialist:

315-413-3127





FREE TIME ACTIVITIES



WORD SEARCH

Find the words listed below and circle them.

T	S	K	A	T	I	N	G	Z	C		X
U	W	H	I	K	I	N	G	D	A	R	C
S	I	N	G	I	N	G	Y	A	M	E	L
C	M	M	I	S	F	W	O	N	P	A	I
A	M	N	G	K	R	I	Q	C	I	D	M
F	I	S	H	I	N	G	N	I	N	I	B
D	N	P	A	I	N	T	I	N	G	N	I
E	G	L	O	N	L	M	O	G	J	G	N
H	J	A	K	G	C	Y	C	L	I	N	G

- SINGING
- DANCING
- CAMPING
- HIKING
- SWIMMING
- READING
- FISHING
- CYCLING
- SKATING
- SKIING
- CLIMBING
- PAINTING



Monday July 22nd, 2024

8:00 Breakfast

10:00 Exercise with Sarah in the Community Room

10:30 Manicures with Sarah on the Front Benches

12:00 Lunch

2:00 Corn Hole with Sarah in the Community Room

3:00 BINGO! With Sarah in the Community Room

5:00 Dinner

7:00 Liverpool Community Concert in IL under the tent (Meet Shannon at 6:30 in the Community Room)



Tuesday July 23rd, 2024

8:00 Breakfast

10:00 Exercise with Sarah in the Community Room

10:30 Occupational Therapy Presentation with Nicole from Select Rehab in the Community Room- What is Occupational Therapy and Speech Therapy

12:00 Lunch

1:30 Ecumenical Services in the IL TV Meeting Room (Meet Sarah at 1:15)

3:00 Musical Performance with Lana Stafford in the Community Room

3:00-7:00 Nottingham Clubhouse OPEN- Enjoy Speciality Drinks & Clubhouse Menu (Must Independently Attend)

5:00 Dinner

7:15 Musical Performance with Jason Jeffers in the IL TV Meeting Room (Meet Kaileigh at 7:00 in the Community Room)



Wednesday July 24th, 2024

8:00 Breakfast

10:00 Mindful Movement with Emily in the Community Room

10:00 Outing: Café Kubal- Coffee and Breakfast Food (Meet Sarah at 9:45 in the lobby)

11:00 Catholic Mass with Father Murray in the Community Room

12:00 Lunch

2:00 Knock out with Sarah in the Sun Room

3:00 Happy Hour- Christmas in July, Music with Dennis Goettel in the IL Club House (Meet Sarah at 2:45)

**4:00-7:00 Nottingham Clubhouse OPEN-
Enjoy Speciality Drinks & Clubhouse Menu**

5:00 Dinner



Thursday July 25th, 2024

8:00 Breakfast

10:00 Exercise with Sarah in the Community Room

10:30 Building fruit kabobs and creating fresh fruit infused water with Sarah in the Arts & Crafts Room

12:00 Lunch

1:30-2:30 Prayer Group with Betsy in the Arts & Crafts Room

2:00 Enjoying fresh fruit treats and reminiscing with Sarah (Front Benches)

3:00 Name That Tune with Sarah (Front Benches)

3:00-7:00 *Nottingham Clubhouse OPEN-Enjoy Speciality Drinks & Clubhouse Menu (Must Independently Attend)*

5:00 Dinner



Friday July 26th, 2024

8:00 Breakfast

10:00 Exercise with Sarah in the Community Room

10:30 Coffee, Tea & Tunes with Sarah (Community Room)

12:00 Lunch

2:00 Walk & Talk with Sarah (Meet in Lobby)

3:00 Scattegories with Sarah (the Front Benches)

3:00-7:00 *Nottingham Clubhouse OPEN-
Enjoy Speciality Drinks & Clubhouse Menu
(Must Independently Attend)*

5:00 Dinner

BIG TOP

BY ROB HARRELL



Saturday July 27th, 2024

8:00 Breakfast

10:00 Independent Word Searches & Coloring in the Sun Room

12:00 Lunch

2:30 Piano Sing Along with Richard Weiskopf in the IL TV Room **(Must Independently Attend)**

5:00 Dinner

6:00 News Hour in the Community Room

Sunday July 28th, 2024

8:00 Breakfast

9:45 Exercise with Shannon in the Community Room

10:30 Sunday Service with Deacon Ralph in the Community Room

11:00 Service with the Catholic Diocese Priests in the IL TV Room **(Must Independently Attend)**

12:00 Lunch

1:30 Ladder Ball with Kaileigh in the Arts & Crafts Room

2:30 Movie Matinee in the Sun Room

5:00 Dinner

6:00 News Hour in the Community Room



