# The Nottingham Telegraph July 8\*, 2024 to July 14\*, 2024

Assisted Living Residence Questions? Comments? Sarah Bogacz, Recreation Specialist:



#### Across

- 2. A caterpillars job
- 4. The name of the caterpillar stage
- 5. What butterflies use to taste
- 7. The first stage in the butterfly life cycle
- 8. The hanging sack a caterpillar uses to change into a butterfly

#### Down

- l. The process of a caterpillar changing into a butterfly
- 3. Shedding the skin is called \_\_\_\_\_
- 6. What butterflies mostly eat
- What happens to a caterpillar's skin as it grows

# Monday July 8<sup>th</sup>, 2024

8:00 Breakfast

10:00 Exercise with Kaileigh in the Community

Room

10:30 Wacky Wordies with Kaileigh in the

**Community Room** 

12:00 Lunch

2:00-4:00 Trash to Treasure in IL, Music by

Jilissa Valleke (Meet Kaileigh at 1:45 in the

**Community Room)** 

5:00 Dinner

7:15 Tea & Tunes with Sarah in the

**Community Room** 



# Tuesday July 9<sup>th</sup>, 2024



8:00 Breakfast

10:00 Exercise with Sarah in the Community Room

10:30 Manicures with Sarah in the Community Room

12:00 Lunch

1:30 Ecumenical Services in the IL TV Meeting Room (Meet Sarah at 1:15)

3:00 Penny Ante Card Game in the Arts & Crafts Room

3:00-7:00 Nottingham Clubhouse OPEN-Enjoy Speciality Drinks & Clubhouse Menu (Must Independently Attend)

5:00 Dinner

7:15 Musical Performance with The Cadley's in the IL TV Meeting Room (Meet Kaileigh at 7:00 in the Community Room)



## Wednesday July 10<sup>th</sup>, 2024

8:00 Breakfast

10:00 Mindful Movement with Emily in the

**Community Room** 

10:30 Presentation by Nicole from Select Rehab-

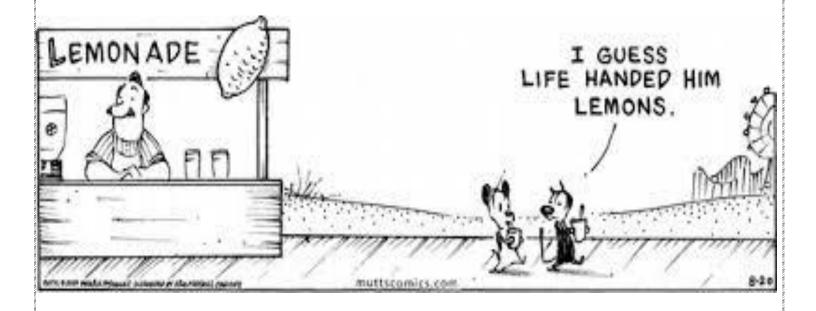
**Spine Wellness** 

12:00 Lunch

2:00 Outdoor Walk & Talk with Sarah \*Weather Permitting\*

3:00 <u>Happy Hour with John Vona in the IL Club</u> House (Meet Sarah at 2:45)

4:00-7:00 Nottingham Clubhouse OPEN-Enjoy Speciality Drinks & Clubhouse Menu 5:00 Dinner



# Thursday July 11<sup>th</sup>, 2024

8:00 Breakfast

10:00 Exercise with Shannon in the

**Community Room** 

10:30 Lunch & Ice Cream Outing- Twist II in

Oneida (Meet Sarah in the Lobby)

11:00 Massages with Donna (Massage

**Therapist) in the Arts & Crafts Room** 

11:30 Jamesville-Dewitt Library Visit in the

**Community Room** 

12:00 Lunch

1:00-2:30 Massages with Donna (Massage

**Therapist) in the Arts & Crafts Room** 

2:30 Movie Matinee in the Community Room

3:00-7:00 Nottingham Clubhouse OPEN-

Enjoy Speciality Drinks & Clubhouse Menu

(Must Independently Attend)

5:00 Dinner



# Friday July 12th, 2024

8:00 Breakfast

10:00 Exercise with Sarah in the Community Room

10:30 Family Feud with Sarah in the Community

Room

12:00 Lunch

1:30 Rememberance Service In Honor of Our Nottingham Family in the IL TV Meeting Room (Meet Sarah at 1:15)

2:30 Helping Hounds Dog Visit in the Sun Room

3:00-7:00 Nottingham Clubhouse OPEN-

Enjoy Speciality Drinks & Clubhouse Menu

(Must Independently Attend)

5:00 Dinner



<sup>&</sup>quot;I guess we'll never know why they beach themselves."



## Saturday July 13th, 2024

8:00 Breakfast

10:00 Independent Word Searches & Coloring in the Sun

Room

12:00 Lunch

5:00 Dinner

6:00 News Hour in the Community Room

#### **Sunday July 14th, 2024**

8:00 Breakfast

9:45 Exercise with Kaileigh in the Community Room

10:30 Sunday Service with Deacon Ralph in the Community

Room

11:00 Service with the Catholic Diosese Priests in the IL

TV Room (Must Indpendently Attend)

12:00 Lunch

1:30 Walking Club with Kaileigh (Meet at Front Benches)

2:00 UNO! With Kaileigh in the Arts & Crafts Room

2:30 Movie Matinee in the Sun Room

5:00 Dinner

6:00 News Hour in the Community Room

