

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

M = Margaret K = Kim NS = Nursing Staff A = All Therapists

# August 2024

The Heritage 750 East Brighton Ave. Syracuse, NY13204  
Tel. 315 - 413 - 3044

<p>(M) <b>10:30 Sunday Mass</b> 11:00 Monthly Gazette 1:30 Let's Talk: Chocolate Chip Cookie Day 2:30 Cookie for All 3:00 Show Time</p> 	<p>(K) <b>10:30 Light Weight Resistance Movements</b> 11:00 Breathing Cool Down <b>1:30 Pamper Yourself Day:</b> Color Me Manicure 3:00 Boutique Stroll</p>	<p>(A) <b>10:30 BINGO</b> 1:00 Small Talk <b>2:00 Movie Matinee – All Floors</b> 4:30 One-On-One Visits</p> 	<p>(A) <b>10:30 Patio Sit &amp; Stretch</b> 11:00 Name That Tune <b>2:00 Entertainer: Steve Banyas</b> 3:00 Sweet Treat 3:30 iN2L: Family Feud</p>	<p>(A) <b>10:30 Games on the Patio</b> 11:00 Our Favorite Hits <b>1:30 Chapel Service</b> 2:30 Sweet Tea Social 3:00 Craft Corner: Tropical Fruit Garland 3:30 Table Top Games and Puzzles</p>	<p>(K) <b>10:30 Stay Strong Yoga Dance</b> 11:00 Brain Crunches <b>2:00 Entertainer: Jasiu Klocek</b> 3:30 Ice Cream Sandwich Day Social</p>	<p>(M) <b>10:30 BINGO</b> 1:30 Patio Relaxation 2:30 Tony Bennett Day – Social with His Music 3:30 Game Time</p> 
<p>(M) <b>10:30 Sunday Mass</b> 11:00 Monthly Gazette 1:30 Let's Talk: Chocolate Chip Cookie Day 2:30 Cookie for All 3:00 Show Time</p> 	<p>(K) <b>10:30 Light Weight Resistance Movements</b> 11:00 Breathing Cool Down <b>1:30 Pamper Yourself Day:</b> Color Me Manicure 3:00 Boutique Stroll</p>	<p>(A) <b>10:30 BINGO</b> 1:00 Small Talk <b>2:00 Movie Matinee – All Floors</b> 4:30 One-On-One Visits</p> 	<p>(A) <b>10:30 Patio Sit &amp; Stretch</b> 11:00 Name That Tune <b>2:00 Entertainer: Steve Banyas</b> 3:00 Sweet Treat 3:30 iN2L: Family Feud</p>	<p>(A) <b>10:30-11:30 Bake with Us:</b> Zucchini Bread <b>1:30 Chapel Service</b> 2:30 Zucchini Bread Social Hour 3:00 Craft Corner Coloring and Card Game Hour</p>	<p>(A) <b>10:30 Yogi Yoga</b> 11:00 August Jeopardy Trivia <b>2:00 Entertainer: Greg Hoover</b> 3:00 iN2L Family Feud 3:30 Rummy Club</p>	<p>(NS) <b>2:00 Music Relaxation – All Floors</b></p> 
<p>(NS) <b>2:00 Movie Matinee – All Floors</b></p> 	<p>(A) <b>10:30 Moving &amp; Grooving</b> 11:00 Sing -A-Long 1:00 Music for You <b>2:00 Show Time – All Floors</b> 4:30 Small Visits – All Floors</p>	<p>(A) <b>Happy B'day Genevieve F!</b> <b>10:30 BINGO</b> <b>2:00 Entertainer: Blair Frodelius</b> 3:30 Sandwich Month: Ham &amp; Cheese 'Sammies' 4:00 Wear Your Birthstone Day: Name the Birthstones</p>	<p>(A) <b>Happy B'day Frank S!</b> <b>10:30 Easy Exercise</b> 11:00 Meditate and Relax with Music 1:30 Elvis Week: Elvis Facts <b>2:00 Elvis Showtime</b> 3:00 Movie Theater Popcorn</p>	<p>(A) <b>10:30 Lazy Day of Summer</b> 11:00 Music on the Patio <b>1:30 Chapel Service</b> 2:00 Ice Tea for All <b>2:30-4:00 Nail Spa Day</b></p> 	<p>(M) <b>10:30 Chair Dance Yoga</b> 11:00 Hawaii Trivia Fun <b>2:00 Entertainer: Lori Ann Wilber</b> 3:00 August IQ 3:30 One-On-One Visits</p>	<p>(K) <b>10:30 BINGO</b> 1:30 iN2L: Game Hour 2:30 Everything but The Kitchen Sink Snack Hour 3:30 Music and Tabletop Games</p> 
<p>(K) <b>10:30 Sunday Mass</b> 11:00 Coffee and Conversation 1:30 Floor-by-Floor Nail Day 3:30 Refreshments Cart</p> 	<p>(M) <b>10:30 Love to Our Old Time Music Yoga</b> 11:00 Making Our Own Music 1:30 Cupcake Day: Cupcake Facts 2:30 Cupcake Social Hour</p>	<p>(A) <b>Happy B'day Leona O!</b> <b>10:30 BINGO</b> <b>2:00 Entertainer: Deb &amp; John Puma</b> 3:30 Baklava Social Hour 4:00 Small Group Activities</p>	<p>(A) <b>Happy B'day Thalia L!</b> <b>10:30 Patio Exercise</b> 11:00 Name That Price: Then and Now 1:30 Hawaii Becomes A State: Virtual Tour 3:30 Craft Club - Cupcake Liner Lei</p>	<p>(A) <b>Happy B'day Margaret B!</b> <b>10:30 Bargain Lovers Month</b> 11:00 Match each clue to a word – Garage Sale <b>1:30 Chapel Service</b> 2:30 iN2L Game Hour</p>	<p>(K) <b>Happy B'day Karen H!</b> <b>10:30 Energizing Chair Yoga</b> 11:00 Cool Down w/Music <b>2:00 Entertainer: John Vona</b> 3:30 Cookies and Coffee</p>	<p>(M) <b>10:30 BINGO</b> 1:30 Garden Walk/ Relax with Music - Patio 2:30 Unusual Potato Chip Flavors from Around the World? 3:00 Art Club – Acrylic Paint</p>
<p>(M) <b>10:30 Sunday Mass</b> 11:00 World Water Week – Water Fun Facts 1:30 Walking Water – Science Experiment 2:30 Doo Wop 50's 3:30 Crochet Club</p>	<p>(K) <b>10:30 Yogs Stretch</b> 11:00 Mindful Breathing 1:30 National Dog Day: Dog Breed Show 2:00 Kindness Rocks Day: Rock Painting</p> 	<p>(A) <b>10:30 BINGO</b> 1:00 Relax with Music <b>2:00 Entertainer: Larry Serafini</b> 3:30 Fruit and Yogurt Parfait Social Hour</p>	<p>(A) <b>Happy B'day Barbara H!</b> <b>10:30 Stretching to Music</b> 11:00 Sing-A-Long 2:00 Round Dance Month: Round Dance Tutorial 3:00 Ice Cream Sunday's</p>	<p>(A) <b>10:30 Bargain Lovers Month</b> 11:00 Match each clue to a word – Garage Sale <b>1:30 Chapel Service</b> <b>2:30 Monthly Birthday Party with Music</b> 3:30 Puzzle Club</p>	<p>(A) <b>10:30 Sugar, Sugar Yoga</b> 11:00 Claude Monet - Art with Relaxing Music <b>2:00 Entertainer: Terry Mulhauser</b> 3:00 Book Club – Short Story</p>	<p>(NS) <b>2:00 Movie for All – all Floors</b></p> 

Activities Are Subject to Change