

The Nottingham Telegraph August 5th, 2024 to August 11th, 2024

Assisted Living Residence Questions? Comments?

Sarah Bogacz,
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Recreation Specialist:
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Travel

destination

sightseeing

adventure

postcard

passport

roadtrip

souvenir

vacation

journey

luggage

explore

getaway

holiday

family

summer

hotel

plane



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Monday August 5th, 2024

8:00 Breakfast

10:00 Exercise with Kaileigh in the Community Room

10:30 Whacky Wordies & Concentration Puzzles with Kaileigh in the Community Room 12:00 Lunch

2:00 Paint & Sip Event with Instructor Melissa Kummrow in IL Under the Tent (Meet Kaileigh at 1:45)

5:00 Dinner

7:00 Tea, Coffee, & Tunes with Sarah on the Front Benches



Tuesday August 6th, 2024

8:00 Breakfast

10:00 Exercise with Sarah in the Community Room

10:30 Nottingham Classic Car Show- Music with Jerry Cali in the MC Parking Lot!

12:00 Lunch

1:30 Ecumenical Services in the IL TV Meeting Room (Meet Sarah at 1:15)

2:00 <u>Musical Performance with Jerry Cali in</u> the <u>Community Room</u>

3:00-7:00 Nottingham Clubhouse OPEN-Enjoy Speciality Drinks & Clubhouse Menu (Must Independently Attend)

5:00 Dinner

7:15 <u>Musical Performance with Mike Vendetti</u> <u>in the IL TV Meeting Room (Meet Kaileigh at</u> 7:00 in the Community Room)



Wednesday August 7th, 2024

8:00 Breakfast

10:00 Mindful Movement with Emily in the

Community Room

10:30 Dining Committee Meeting in the

Community Room

10:45 <u>Health & Wellness Presentation with Nicole</u> in the Community Room- Coming to Terms with

Memory Loss and Dementia

12:00 Lunch

1:30 Protestant Service in IL TV Meeting Room

(Meet Sarah at 1:15)

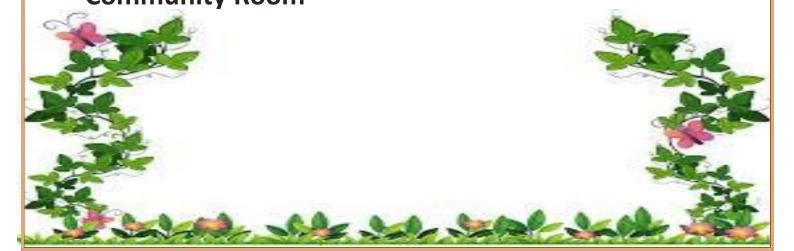
3:00 Mad Libs with Sarah on the Benches

4:00-7:00 Nottingham Clubhouse OPEN-

Enjoy Speciality Drinks & Clubhouse Menu

5:00 Dinner

7:15 Guess that Tune with Angelina in the Community Room



Thursday August 8th, 2024

8:00 Breakfast
10:00 Exercise with Sarah in the Community Room
10:30 Name 10 with Sarah in the Community Room
12:00 Lunch
11:00 Massages with Donna in the Community
Room *Must Sign Waiver*
11:30 Jamesville-Dewitt Library Visit in the
Community Room
1:00-2:30 Massages with Donna in the Family Room
Must Sign Waiver
1:30-2:30 Prayer Group with Betsy in the Arts &
Crafts Room
2:00 Elvis Name that Tune with Sarah on the
Benches
3:00 LeMoyne Spiritual Aging Presentation- "Aging
and the Experience of Regret" In IL TV Meeting
Room
3:00-7:00 Nottingham Clubhouse OPEN- Enjoy
Speciality Drinks & Clubhouse Menu (Must
Independently Attend)

5:00 Dinner

Friday August 9th, 2024

8:00 Breakfast

10:00 Zumba with Sarah in the Community Room

10:30 Who Am I? With Sarah in the Community

Room

12:00 Lunch

2:30 Helping Hounds Puppy Visits in the Sun Room

2:30-4:30 The Nottingham Fair Day in the IL Tent

(Meet Sarah at 3:00 to attend)

3:00-7:00 Nottingham Clubhouse OPEN-

Enjoy Speciality Drinks & Clubhouse Menu

(Must Independently Attend)

5:00 Dinner









Saturday August 10th, 2024

8:00 Breakfast

9:45 Exercise with Kaileigh in the Community Room

12:00 Lunch

1:30 Manicures with Kaileigh on the Front Benches

5:00 Dinner

6:00 News Hour in the Community Room

Sunday August 11th, 2024

8:00 Breakfast

10:00 Exercise with Kaileigh in the Community Room

10:30 Sunday Service on the TV in the Community Room

11:00 Service with the Catholic Diosese Priests in the IL

TV Room (Meet Kaileigh at 10:30 to walk up)

12:00 Lunch

1:30 Opera Performance with Sue Fannetti; Pianist Sabine

Krantz; Violinist Paula Rosenbaum in the Sun Room

2:30 Movie Matinee in the Sun Room

5:00 Dinner

6:00 News Hour in the Community Room