

Assisted Living Residence Weekly Telegraph

September 30th – October 6th, 2024










The Nottingham Channel 1340
A publication for Residents and Employees

- Calendar of Events
- Coming Attractions
- Special Announcements
- Birthdays

Shannon Loughlin, Director of Life Enrichment
Sarah Bogacz, Recreation Specialist
Kaileigh Roy, Recreation Specialist









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315-445-9242

MONDAY, September 30, 2024

8:00 AM		Breakfast
10:00		Exercise with Kaileigh in the Community Room
10:30		Let's Take a Morning Stroll and Enjoy the Fall Foliage with Kaileigh Meet in the Lobby after exercise
12:00 PM		Lunch
2:00 PM		Leaf Press Project with Kaileigh in the Arts & Crafts
3:00		BINGO! With Kaileigh in the Community Room
3:00-7:00 PM		Club House is Open- Must Attend Independently
5:00 PM		Dinner
7:15		Finish the Phrase with Sarah in the Sun Room

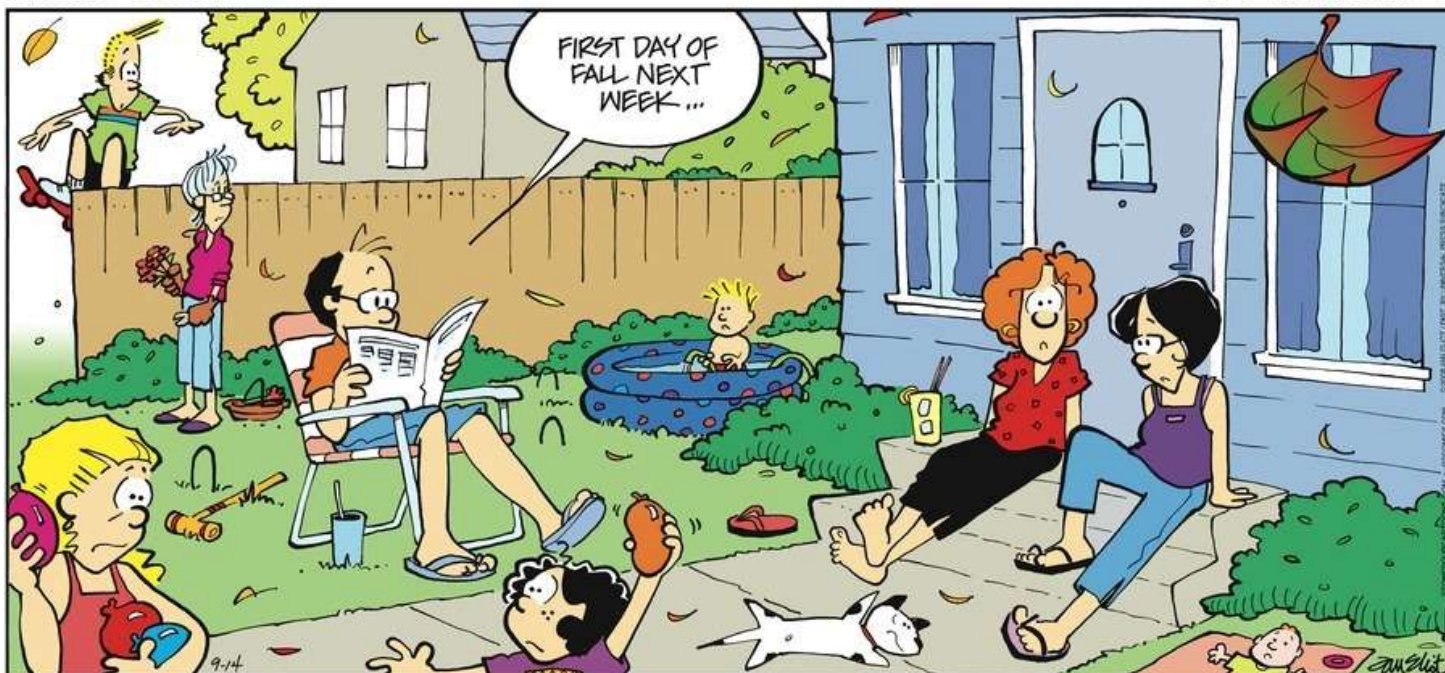


TUESDAY, October 1, 2024

8:00 AM		Breakfast
10:00 AM		Exercise with Sarah in the Community Room
10:30 AM		Manicures with Sarah in the Community Room
12:00 PM		Lunch
1:30 PM		<u>Ecumenical Services in IL TV Meeting Room</u> Meet Sarah in the Community Room at 1:15 to attend
2:00 PM		Musical Performance with Lana Stafford in the Community Room
5:00 PM		Dinner
7:15 PM		<u>Musical Performance with Zack Newstub & Steve Daniels in IL TV Meeting Room</u> Meet Kaileigh at 7:00 PM in the Community Room













STONE SOUP

BY JAN ELIOT





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WEDNESDAY, October 2, 2024

8:00 AM		Breakfast
10:00 AM		<u>Mindful Movement with Emily in the Community Room</u>
10:00 AM		Outing: Pumpkin Patch Outing with Sarah Meet Sarah in the Community Room at 9:45
10:30		Dining Committee Meeting Learn about upcoming menu changes and events
12:00 PM		Lunch
1:00		Protestant Service in the IL TV Meeting Room Must independently attend
2:00 PM		Resident Council in the Community Room
2:00 PM		Bridge Club in RHCF Must independently attend
3:00 PM		Happy Hour with Dale Randall in the Club House Meet Sarah at 2:45 in the Community Room
4:00-7:00 PM		The Club House is Open Must independently attend
5:00 PM		Dinner
7:00 PM		Jeopardy with Angelina in the Sun Room

THURSDAY, October 3, 2024


8:00 AM		Breakfast
10:00 AM		Exercise with Sarah in the Community Room
10:30 AM		Apples to Apples with Sarah in the Arts & Crafts Room
12:00 PM		Lunch
2:00 PM		Basketball with Sarah in the Community Room
3:00 PM		Tea, Coffee, and Chat in the Community Room
5:00 PM		Dinner

FRIDAY, October 4, 2024










8:00 AM		Breakfast
10:00 AM		Exercise with Sarah in the Community Room
10:30 AM		Mini Crossword Puzzles with Sarah in the Community Room
12:00 PM		Lunch
1:00 PM		Prayer Group with Betsy in the Arts & Crafts Room
2:00 PM		Mini Golf with Sarah in the Community Room National Golf Lover Day
3:00 PM		Mini Crossword Puzzles with Sarah in the Community Room
5:00 PM		Dinner
9:00 PM		SU Football Vs. UNLV channel TBD



SATURDAY, October 5, 2024

8:00 AM		Breakfast
9:45 AM		Exercise with Angelina in the Community Room
10:15 AM		15 Minute Trivia with Angelina in the Community Room
12:00 PM		Lunch
1:30 PM		Penny Ante with Angelina in the Community Room
5:00 PM		Dinner
6:00 PM		News Hour in the Community Room

SUNDAY, October 6, 2024

8:00 AM		Breakfast
9:45 AM		Exercise with Angelina in the Community Room
10:30 AM		<u>Sunday Service with Deacon Ralph in the Community Room</u>
11:00 AM		<u>Service with Catholic Diocese Priests in IL TV Meeting Room</u> Must Attend Independently
12:00 PM		Lunch
1:30 PM		Bowling with Angelina in the Community Room
2:30 PM		Movie Matinee in the Community Room
5:00 PM		Dinner
6:00 PM		News Hour in the Community Room

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