

Assisted Living Residence Weekly Telegraph

October 28th – November 3rd




The Nottingham Channel 1340
A publication for Residents and Employees

- Calendar of Events
- Coming Attractions
- Special Announcements
- Birthdays











Shannon Loughlin, Director of Life Enrichment
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Kaileigh Roy, Recreation Specialist

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MONDAY, October 28th, 2024

8:00 AM		Breakfast
10:00 AM		Exercise with Kaileigh in the Community Room
10:30 AM		Boggle, Hangman, and Name 10 with Kaileigh in the Sun Room
12:00 PM		Lunch
12:00 PM		Pizza Party in the Garden with Kaileigh and Sarah. Sign up with Kaileigh or Sarah Join us in Memory Care for a Pizza Party in the Indoor Garden!
3:00 PM		BINGO! With Kaileigh in the Community Room
3:00 PM - 7:00 PM		Club House is Open- Enjoy specialty drinks & Clubhouse menu Must Attend Independently
5:00 PM		Dinner
6:00 PM		Trick or Treat! Come to the Community Room or Sun Room to see all of the Trick or Treaters and hand out candy! Candy provided.
8:00 PM		Mystery Monday on Channel 1340: Incidents or discoveries that occurred from the 20th century on with unconfirmed and debatable explanations: The Somerton Man, The Disappearance of Amelia Earhart, Max Headroom Hijackings, D.B. Cooper, and more! RUNTIME: 23 minutes










TUESDAY, October 29th, 2024

8:00 AM		Breakfast
10:00 AM		Exercise with Sarah in the Community Room
10:30 AM		Manicures with Sarah in the Community Room
12:00 PM		Lunch
1:30 PM		Ecumenical Services in IL TV Meeting Room Meet Sarah at 1:15 in the lobby to attend
3:00 PM		Tea, Coffee, Cookies, and Chat with Sarah in the Sun Room
3:00 PM - 7:00 PM		Club House is Open- Enjoy specialty drinks & Clubhouse menu Must Attend Independently
5:00 PM		Dinner
7:15 PM		<u>Musical Performance by Syracuse University Cellist and Piano Performance in IL TV Meeting Room</u> Meet Kaileigh at 7:00 PM in the Community Room
8:00 PM		Terrible Tuesday on Channel 1340: A Day In The Life Of A Plague Doctor During The Bubonic Plague. Until the advent of germ theory in the nineteenth century, the only hope for ravaged communities was a plague doctor: an “expert” brought in to control the rising death toll as best as possible, though their effectiveness was often questioned. RUNTIME: 10 minutes

WEDNESDAY, October 30th, 2024












8:00 AM		Breakfast
10:00 AM		<u>Mindful Movement with Emily in the Community Room</u>
10:30 AM		Jeopardy with Sarah in the Community Room
11:15 PM		Catholic Mass with Father Murray in the Community Room
12:00 PM		Lunch
2:30 PM- 4:00 PM		Flu & COVID CLINIC in the Family Room
2:00 PM		<u>Bridge Club in RHCF</u> Must independently attend
3:00 PM		Happy Hour with Howie Bartolo the Club House Meet Sarah at 2:45 in the Community Room
4:00 PM- 7:00 PM		The Club House is Open Must independently attend
5:00 PM		Dinner
7:00 PM		Halloween Craft with Angelina- Room to Room
8:00 PM		Weird Wednesday on Channel 1340: Weirdest laws in every state. In Hawaii, it's illegal to stick a coin in your ear.... RUNTIME: 6 Minutes

THURSDAY, October 31st, 2024



8:00 AM		Breakfast
10:00 AM		Exercise with Sarah in the Community Room
10:30 AM		Halloween Costumes throughout the Years with Sarah in the Community Room
12:00 PM		Lunch
1:30 PM		Looming with Tina & Judy in the Arts & Crafts Room
3:00 PM		Halloween Social- Music with The Little Jazz Trio in the Community Room
3:00 PM - 7:00 PM		Club House is Open- Enjoy specialty drinks & Clubhouse menu Must Attend Independently
5:00 PM		Dinner
8:00 PM		Halloween Documentary on Channel 1340: Explore the roots of Halloween - the legends, myths, culture behind it, and more. RUNTIME: 45 MINUTES



FRIDAY, November 1st, 2024

8:00 AM		Breakfast
10:00 AM		Exercise with Sarah in the Community Room
10:30 AM		True or False? With Sarah in the Community Room
11:15 AM		All Saints Day Service with Syracuse Diocese in the IL TV Meeting Room Meet Sarah in the Community Room at 11:00
12:00 PM		Lunch
1:00 PM		Prayer Group with Betsy in the Arts & Crafts Room
3:00 PM		Birthday BINGO! With Sarah and Phyllis in the Community Room
3:00 PM		Shabbat Service in IL 1 st Floor Conference Room
3:00 PM - 7:00 PM		Club House is Open- Enjoy specialty drinks & Clubhouse menu Must Attend Independently
5:00 PM		Dinner
8:00 PM		Freaky Friday on Channel 1340: A Brief "Dark" History Of Freak Shows. RUNTIME: 9 minutes

SATURDAY, November 2nd, 2024

8:00 AM		Breakfast
9:45 AM		Exercise with Kaileigh in the Community Room
10:15 AM		White Board Boggle with Kaileigh in the Community Room
12:00 PM		Lunch
1:30 PM		Corn Hole with Kaileigh in the Sun Room
5:00 PM		Dinner
6:00 PM		News Hour in the Community Room

SUNDAY, November 3rd, 2024

~DAY LIGHT SAVINGS- FALL BACK~

		Breakfast
9:45 AM		Exercise with Kaileigh in the Community Room
10:30 AM		<u>Sunday Service with Deacon Ralph in the Community Room</u>
11:00 AM		<u>Service with Catholic Diocese Priests in IL TV Meeting Room</u> Must Attend Independently
12:00 PM		Lunch
1:30 PM		Finish the Lyrics with Kaileigh in the Sun Room
2:30 PM		Movie Matinee in the Community Room
5:00 PM		Dinner
6:00 PM		News Hour in the Community Room



HALLOWEEN



C F B R N H C T I W F E I B M O Z Z C S
 V M O N S T E R T O M B S T O N E A P U
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WORD LIST

BAT
 BLACK
 BOO
 BROOMSTICK
 CANDY
 CAT
 CAULDRON
 CHOCOLATE

COSTUME
 CREEPY
 DOORBELL
 FRIGHT
 GHOST
 GRAVEYARD
 HALLOWEEN
 HAUNTED

JACK O LANTERN
 MONSTER
 OCTOBER
 PUMPKIN
 SCARY
 SKELETON
 SPIDER

SPOOKY
 TOMBSTONE
 TREAT
 TRICK
 VAMPIRE
 WITCH
 ZOMBIE