

Assisted Living Residence Weekly Telegraph



The Nottingham Channel 1340
A publication for Residents and Employees

- Calendar of Events
- Coming Attractions
- Special Announcements
- Birthdays

Shannon Loughlin, Director of Life Enrichment Sarah Bogacz, Recreation Specialist Kaileigh Roy, Recreation Specialist 315-413-3903

315-413-3596

315-445-9242

MONDAY, (MONDAY, October 28 th , 2024		
8:00 AM	×	Breakfast	
10:00 AM	4 - +	Exercise with Kaileigh in the Community Room	
10:30 AM	o o	Boggle, Hangman, and Name 10 with Kaileigh in the Sun Room	
12:00 PM	×	Lunch	
12:00 PM		Pizza Party in the Garden with Kaileigh and Sarah. Sign up with Kaileigh or Sarah Join us in Memory Care for a Pizza Party in the Indoor Garden!	
3:00 PM		BINGO! With Kaileigh in the Community Room	
3:00 PM - 7:00 PM	Ť	Club House is Open- Enjoy specialty drinks & Clubhouse menu Must Attend Independently	
5:00 PM	×	Dinner	
6:00 PM		Trick or Treat! Come to the Community Room or Sun Room to see all of the Trick or Treaters and hand out candy! Candy provided.	
8:00 PM		Mystery Monday on Channel 1340: Incidents or discoveries that occurred from the 20th century on with unconfirmed and debatable explanations: The Somerton Man, The Disappearance of Amelia Earhart, Max Headroom Hijackings, D.B. Cooper, and more! RUNTIME: 23 minutes	

TUESDAY, C	TUESDAY, October 29 th , 2024		
8:00 AM	×	Breakfast	
10:00 AM	1111	Exercise with Sarah in the Community Room	
10:30 AM	*	Manicures with Sarah in the Community Room	
12:00 PM	×	Lunch	
1:30 PM	**	Ecumenical Services in IL TV Meeting Room Meet Sarah at 1:15 in the lobby to attend	
3:00 PM	\$55	Tea, Coffee, Cookies, and Chat with Sarah in the Sun Room	
3:00 PM - 7:00 PM	Ť	Club House is Open- Enjoy specialty drinks & Clubhouse menu Must Attend Independently	
5:00 PM	%	Dinner	
7:15 PM	177	Musical Performance by Syracuse University Cellist and Piano Performance in IL TV Meeting Room Meet Kaileigh at 7:00 PM in the Community Room	
8:00 PM		Terrible Tuesday on Channel 1340: A Day In The Life Of A Plague Doctor During The Bubonic Plague. Until the advent of germ theory in the nineteenth century, the only hope for ravaged communities was a plague doctor: an "expert" brought in to control the rising death toll as best as possible, though their effectiveness was often questioned. RUNTIME: 10 minutes	

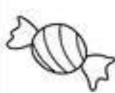
WEDNESDA	AY, Octob	er 30 th , 2024
8:00 AM	×	Breakfast
10:00 AM	A	Mindful Movement with Emily in the Community Room
10:30 AM	o o	Jeopardy with Sarah in the Community Room
11:15 PM		Catholic Mass with Father Murray in the Community Room
12:00 PM	×	Lunch
2:30 PM- 4:00 PM	and the second	Flu & COVID CLINIC in the Family Room
2:00 PM		Bridge Club in RHCF Must independently attend
3:00 PM	Y	Happy Hour with Howie Bartolo the Club House Meet Sarah at 2:45 in the Community Room
4:00 PM- 7:00 PM	Ť	The Club House is Open Must independently attend
5:00 PM		Dinner
7:00 PM		Halloween Craft with Angelina- Room to Room
8:00 PM	<u></u>	Weird Wednesday on Channel 1340: Weirdest laws in every state. In Hawaii, it's illegal to stick a coin in your ear RUNTIME: 6 Minutes

THURSDAY,	October 3	1 st , 2024
8:00 AM	×	Breakfast
10:00 AM	Ť	Exercise with Sarah in the Community Room
10:30 AM	*	Halloween Costumes throughout the Years with Sarah in the Community Room
12:00 PM	×	Lunch
1:30 PM	××××	Looming with Tina & Judy in the Arts & Crafts Room
3:00 PM	1	Halloween Social- Music with The Little Jazz Trio in the Community Room
3:00 PM - 7:00 PM	¥	Club House is Open- Enjoy specialty drinks & Clubhouse menu Must Attend Independently
5:00 PM	%	Dinner
8:00 PM	<u></u>	Halloween Documentary on Channel 1340: Explore the roots of Halloween - the legends, myths, culture behind it, and more. RUNTIME: 45 MINUTES

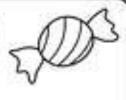


FRIDAY, Nov	vember 1	st, 2024
8:00 AM	×	Breakfast
10:00 AM	₩	Exercise with Sarah in the Community Room
10:30 AM	o o	True or False? With Sarah in the Community Room
11:15 AM	**	All Saints Day Service with Syracuse Diosese in the IL TV Meeting Room Meet Sarah in the Community Room at 11:00
12:00 PM	×	Lunch
1:00 PM	**	Prayer Group with Betsy in the Arts & Crafts Room
3:00 PM	E) (S)	Birthday BINGO! With Sarah and Phyllis in the Community Room
3:00 PM	**	Shabbat Service in IL 1st Floor Conference Room
3:00 PM - 7:00 PM	Ť	Club House is Open- Enjoy specialty drinks & Clubhouse menu Must Attend Independently
5:00 PM	×	Dinner
8:00 PM		Freaky Friday on Channel 1340: A Brief "Dark" History Of Freak Shows. RUNTIME: 9 minutes

SATURDAY,	Novemb	per 2 nd , 2024
8:00 AM	×	Breakfast
9:45 AM	4	Exercise with Kaileigh in the Community Room
10:15 AM	***	White Board Boggle with Kaileigh in the Community Room
12:00 PM	%	Lunch
1:30 PM	4	Corn Hole with Kaileigh in the Sun Room
5:00 PM	×	Dinner
6:00 PM		News Hour in the Community Room
SUNDAY, N	ovember	~DAY LIGHT SAVINGS- FALL BACK~
	×	Breakfast
9:45 AM	4-4	Exercise with Kaileigh in the Community Room
	4 1	Exercise with Kaneigh in the Community Room
10:30 AM	**	Sunday Service with Deacon Ralph in the Community Room
10:30 AM 11:00 AM	**	
	**************************************	Sunday Service with Deacon Ralph in the Community Room Service with Catholic Diocese Priests in IL TV Meeting Room
11:00 AM		Sunday Service with Deacon Ralph in the Community Room Service with Catholic Diocese Priests in IL TV Meeting Room Must Attend Independently
11:00 AM 12:00 PM		Sunday Service with Deacon Ralph in the Community Room Service with Catholic Diocese Priests in IL TV Meeting Room Must Attend Independently Lunch
11:00 AM 12:00 PM 1:30 PM		Sunday Service with Deacon Ralph in the Community Room Service with Catholic Diocese Priests in IL TV Meeting Room Must Attend Independently Lunch Finish the Lyrics with Kaileigh in the Sun Room



HALLOWEEN



R в N м ĸ н S В В R G G G 0 EOUOY D D G S S S C в н R X N. OT E Н

WORD LIST

BAT BLACK BOO BROOMSTICK CANDY CAT CAULDRON CHOCOLATE COSTUME CREEPY DOORBELL FRIGHT GHOST GRAVEYARD HALLOWEEN HAUNTED JACK O LANTERN MONSTER OCTOBER PUMPKIN SCARY SKELETON SPIDER SPOOKY TOMBSTONE TREAT TRICK VAMPIRE WITCH ZOMBIE

Homemade.