

Restorative Care Unit at Loretto Health & Rehabilitation

The first of its kind in Central New York Loretto's Restorative Care Unit (RCU) now offers 36 beds designed to help those requiring medically complex care, including those with cardiac conditions, to rehab more comfortably in a more home-like setting, resulting in quicker recovery and reduced hospital readmissions.



Who can be helped by RCU services?

Loretto's Restorative Care Unit is a good fit for patients with a high-risk for hospital readmission or a complicated hospital course; those who require IV antibiotics and monitoring of high-risk medications; those who have been diagnosed with congestive heart failure (CHF) or have experienced cardiac events, cardiac arrhythmia's, pneumonia, chronic obstructive pulmonary disease (COPD), sepsis or a cerebrovascular accident (CVA).

The RCU also specializes in care for patients with Left Ventricular Assist Device (LVAD) implantation, trauma, burns and surgical interventions.

On-Site Rehabilitation

Loretto offers a variety of comprehensive onsite rehabilitation services to meet the most complex needs, with the ability to recognize early onset changes in condition and assist patients to get back on their feet quickly. The unit has the capability to draw blood for quick analysis, complete laboratory diagnostics at the bedside for rapid results, administer ACLS medications via IV and push methodology, conduct and evaluate EKGs at the bedside and complete baseline assessments of heart failure with the use of a ReDS vest. The ReDS vest is used for early detection of heart failure and allows early intervention to prevent acute conditions requiring hospitalization.

Patient Benefits

Patients admitted to Loretto's RCU have comfortable rooms, experienced staff, advanced technology and benefit from a nursing team approach which enables staff to deliver hands-on, personalized care and supervision. A multitude of rehabilitation services are available to help patients get back on their feet quickly.

Expert Staff

Patients are cared for by an interdisciplinary team, including registered nurses, licensed practical nurses and certified nursing assistants with an approximate 12:1 staffing ratio. And clinical oversight is provided by MDs and APRNs is available 24/7. All staff are certified in advanced cardiac life support and intravenous IV insertion.

Admissions Process

Patients who meet the appropriate criteria for the RCU are accepted into the unit on a daily basis. Tours of the unit are available.

Short Length-of-Stay

The average length of stay is 7 days or less. After completing their course of sub-acute rehabilitation in the RCU, patients are discharged to short-term rehabilitation, their home or transitioned to an appropriate level of care.

For more information, contact:

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