

Assisted Living Residence Weekly Telegraph

November 11th – November 17th

The Nottingham Channel 1340
A publication for Residents and Employees

- Calendar of Events
- Coming Attractions
- Special Announcements
- Birthdays









Shannon Loughlin, Director of Life Enrichment
Sarah Bogacz, Recreation Specialist
Kaileigh Roy, Recreation Specialist

315-413-3903
315-413-3596
315-445-9242

MONDAY, November 11th, 2024

8:00 AM		Breakfast
10:00 AM		Exercise with Kaileigh in the Community Room
10:30 AM		Tea, Coffee, and Reading Stories of Valor with Kaileigh in the Community Room
12:00 PM		Lunch
12:00 PM		Veteran's Day Luncheon in the Arts & Crafts Room Veteran's join us for lunch in the Arts & Crafts
1:30 PM		Veteran's Day Presentation in the Community Room Join us in celebrating our Nottingham Veteran's with a Presentation
3:00 PM		BINGO! With Kaileigh in the Community Room
5:00 PM		Dinner
7:00 PM		Silly Riddles with Sarah in the Community Room












TUESDAY, November 12th, 2024

8:00 AM		Breakfast
10:00 AM		Exercise with Sarah in the Community Room
11:00 AM		<u>Lunch Outing: Sake Bomb</u> Meet Sarah in the Community Room at 10:45
12:00 PM		Lunch
1:30 PM		<u>Spiritual Gratitude with Chaplain Mary Colleen in the Community Room</u>
3:00 PM		<u>Musical Performance with Jill Minye in the Community Room</u>
5:00 PM		Dinner
7:15 PM		UNO! With Sarha in the Community Room










WEDNESDAY, November 13th, 2024

8:00 AM		Breakfast
10:00 AM		<u>Mindful Movement with Emily in the Community Room</u>
10:30 AM		Feuding Families with Sarah in the Community Room
12:00 PM		Lunch
2:00 PM		<u>Bridge Club in RHCF</u> Must independently attend
2:00 PM		Bucket Pong with Sarah in the Community Room
3:00 PM		Name that Tune- Song's of the Decades with Sarah in the Community Room
5:00 PM		Dinner

THURSDAY, November 14th, 2024

8:00 AM		Breakfast
10:00 AM		Exercise with Sarah in the Community Room
10:30 AM		Manicures with Sarah in the Community Room
11:00 AM		<u>Massages with Donna in the Community Room</u>
11:30 AM		<u>Jamesville Dewitt Library Visit in the Community Room</u> Check out books from our local library!
12:00 PM		Lunch
1:00 PM		<u>Massages with Donna in the Arts & Crafts Room</u>
2:00 PM		Corn Hole with Sarah in the Sun Room
3:00 PM		Who Are We? With Sarah in the Community Room
3:00 PM - 7:00 PM		Club House is Open- Enjoy specialty drinks & Clubhouse menu Must Attend Independently
5:00 PM		Dinner

FRIDAY, November 15th, 2024

8:00 AM		Breakfast
10:00 AM		Exercise with Sarah in the Community Room
10:30 AM		Knock Out with Sarah in the Sun Room
12:00 PM		Lunch
1:00 PM		Prayer Group with Betsy in the Arts & Crafts Room
2:00 PM		Making Felt Mums with Sarah in the Arts & Crafts Room
3:00 PM		Rock 'N' Roll BINGO with Sarah in the Community Room
3:00 PM - 7:00 PM		Club House is Open- Enjoy specialty drinks & Clubhouse menu Must Attend Independently
5:00 PM		Dinner

SATURDAY, November 16th, 2024

8:00 AM		Breakfast
9:45 AM		Exercise with Sarah in the Community Room
10:15 AM		15 Minute Trivia with Sarah in the Community Room
12:00 PM		Lunch
1:30 PM		Soundtracks of Cinema & Disussionwith Sarah in the Community Room
5:00 PM		Dinner
6:00 PM		News Hour in the Community Room

SUNDAY, November 17th, 2024

8:00 AM		Breakfast
9:45 AM		Exercise with Sarah in the Community Room
10:30 AM		<u>Sunday Service with Deacon Ralph in the Community Room</u>
11:00 AM		<u>Service with Catholic Diocese Priests in IL TV Meeting Room</u> Must Attend Independently
12:00 PM		Lunch
1:30 PM		Trivia with Sarah in the Community Room
2:30 PM		Movie Matinee- "The Sandlot" in the Community Room
5:00 PM		Dinner
6:00 PM		News Hour in the Community Room

