

Assisted Living Residence Weekly Telegraph

November 25th – December 1st












The Nottingham Channel 1340
A publication for Residents and Employees

- Calendar of Events
- Coming Attractions
- Special Announcements
- Birthdays

Shannon Loughlin, Director of Life Enrichment
Sarah Bogacz, Recreation Specialist
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MONDAY, November 25th, 2024

8:00 AM		Breakfast
10:00 AM		Exercise with Kaileigh in the Community Room
10:30 AM		Tea, Coffee, and Everything Things You Didn't Know Had a Name with Kaileigh in the Community Room
11:00 AM		Lunch Outing: Sake Bomb Meet Sarah at 10:45 to attend
12:00 PM		Lunch
2:00 PM		Come On Down! The Price is Right with Kaileigh in the Community Room
3:00 PM		BINGO! With Kaileigh in the Community Room
3:00 PM - 7:00 PM		Club House is Open- Enjoy specialty drinks & Clubhouse menu Must Attend Independently
5:00 PM		Dinner
6:30 PM		<u>Musical Performance with The Crossroads Chorus in the Community Room</u>
8:00 PM		Monday topic on Channel 1340: Private Equity's Ruthless Takeover of The Last Affordable Housing In America. RUNTIME: 14 MINUTES

TUESDAY, November 26th, 2024








8:00 AM		Breakfast
10:00 AM		Exercise with Sarah in the Community Room
10:30 AM		Making Mini Apple Pies for Friendsgiving in the Arts & Crafts Room Join Sarah in making mini apple pies for a Friendsgiving Social in the afternoon!
12:00 PM		Lunch
1:30 PM		Ecumenical Services in the IL TV Meeting Room
2:30 PM		Friendsgiving in the Memory Care Garden Join Sarah, Kaileigh, and Jade in Memory Care for a Mini Thanksgiving! Meet Sarah at 2:15 in the Community Room
3:00 PM - 7:00 PM		Club House is Open- Enjoy specialty drinks & Clubhouse menu Must Attend Independently
5:00 PM		Dinner
7:15 PM		Musical Performance with Ron Ziomek in IL TV Meeting Room Meet Kaileigh in the Community Room at 7:00 PM
8:00 PM		Tuesday Topic on channel 1340: How Macy's Thanksgiving Day Parade balloons are Made! RUNTIME: 6 MINUTES

WEDNESDAY, November 27th, 2024

8:00 AM		Breakfast
10:00 AM		<u>Mindful Movement with Emily in the Community Room</u>
10:30 AM		Thanksgiving Trivia with Sarah in the Community Room
12:00 PM		Lunch
2:00 PM		<u>Bridge Club in RHCF</u> Must independently attend
2:00 PM		UNO! With Sarah in the Arts & Crafts Room
3:00 PM		<u>Happy Hour with Jerry Cali in the IL Club House</u> Meet Sarah in the Community Room at 2:45 PM
4:30 PM - 7:00 PM		Club House is Open- Enjoy specialty drinks & Clubhouse menu Must Attend Independently
5:00 PM		Dinner
8:00 PM		Wednesday topic on Channel 1340: Dietitian Answers Commonly Asked Questions About Going Vegan like - Is it possible to get enough protein on a vegan diet? and other common questions that people have. RUNTIME: 11 MINUTES

THURSDAY, November 28th, 2024











Happy Thanksgiving!
No In-Person Programming Today.

8:00 AM		Breakfast
8:30 a.m.- 12:00 p.m.		The 98th annual Macy's Thanksgiving Day Parade will be the largest yet! From 8:30 a.m. to 12 Noon. On NBC Channel 4 Residents may watch together in the T.V. Room!
10:00 AM		Enjoy Independent Activities located in the Sun Room or at Lobby Table Crossword puzzles, word searches, and more!
12:00 PM		Lunch
2:30 PM		Enjoy Independent Activities located in the Sun Room or at Lobby Table Crossword puzzles, word searches, and more!
5:00 PM		Dinner
8:00 PM		Thursday topic on channel 1340: A day of Thanksgiving, courtesy Prelinger Archives Cold War-era educational film. A family who cannot afford a turkey at Thanksgiving reviews what they have to be thankful about. RUNTIME: 13 MINUTES

**HAPPY
THANKSGIVING**



FRIDAY, November 29th, 2024

8:00 AM		Breakfast
10:00 AM		Exercise with Kaileigh in the Community Room
10:30 AM		Who, What, Where Am I? With Kaileigh in the Community Room
12:00 PM		Lunch
1:00 PM		Prayer Group with Betsy in the Arts & Crafts Room
2:00 PM		What Are You Thankful For? How Was Your Thanksgiving? Social with Kaileigh in the Community Room
3:00 PM		Movie Matinee- "Little Women" in the Community Room
3:00 PM - 7:00 PM		Club House is Open- Enjoy specialty drinks & Clubhouse menu Must Attend Independently
5:00 PM		Dinner
8:00 PM		Friday topic on Channel 1340: What it would look like if the Department of Education was eliminated? Some of the first questions that were brought up after President-Elect Donald Trump made his desires clear - to get Washington's influence out of schools and hand control over to the states. RUNTIME: 5 MINUTES

SATURDAY, November 30th, 2024

8:00 AM		Breakfast
9:45 AM		Exercise with Sarah in the Community Room
10:15 AM		15 Minute Trivia with Sarah in the Community Room
12:00 PM		Lunch
1:30 PM		Mouse and Cheese Game with Sarah in the Community Room
5:00 PM		Dinner
6:00 PM		News Hour in the Community Room

SUNDAY, December 1st, 2024

8:00 AM		Breakfast
9:45 AM		Exercise with Sarah in the Community Room
10:30 AM		<u>Sunday Service with Deacon Ralph in the Community Room</u>
11:00 AM		<u>Service with Catholic Diocese Priests in IL TV Meeting Room</u> Must Attend Independently
12:00 PM		Lunch
1:30 PM		Chicken Noodle Soup Stories with Sarah in the Sun Room
2:30 PM		Movie Matinee in the Community Room
5:00 PM		Dinner
6:00 PM		News Hour in the Community Room

Thanksgiving

WORD SEARCH

R U G Z L L G N I F F U T S F
S U N P W U F R T G Q D E A S
E B I L U M F U A F Z I L E R
V A V S T M R K H T R L O J E
S E I H W K P C N R I T D T H
M H G T E E D K E A A T Y R T
I O S Y Q J E B I T H L U A A
R L K Z X U N T O N N T X D G
G I N A B A E P O F Q P H I E
L D A V R L X V F E A S T T C
I A H C B S E Y L I M A F I O
P Y T B H M A G E U D D S O R
O T O P B P L Y M O U T H N N
U G L E E I P I R I M H Q B T
C O R N U C O P I A J Z R B Y

FALL
GATHER
HOLIDAY
PILGRIMS
PUMPKIN
CORN
FEAST

THANKFUL
TURKEY
CORNUCOPIA
FAMILY
GOBBLE
GRATITUDE
PIE

NOVEMBER
PLYMOUTH
STUFFING
THANKSGIVING
CRANBERRIES
POTATOES
TRADITION

