

Assisted Living Residence Weekly Telegraph

December 30th – January 5th











The Nottingham Channel 1340
A publication for Residents and Employees

- Calendar of Events
- Coming Attractions
- Special Announcements
- Birthdays

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MONDAY, December 30th, 2024

8:00 AM		Breakfast
10:00 AM		Exercise with Sarah in the Community Room
10:30 AM		Cranium Crunches & Concentrations Puzzles with Sarah in the Community Room
12:00 PM		Lunch
2:00 PM		BINGO! With Sarah in the Community Room
3:30 PM		<u>Musical Performance with Deb & John Puma in the Community Room</u>
5:00 PM		Dinner
8:00 PM		Monday topic on Channel 1340: Why Does the U.S. Support and Fund Israel So Much? By the Wall Street Journal. Runtime: 9 Minutes










TUESDAY, December 31st, 2024

New Years Eve









8:00 AM		Breakfast
10:00 AM		Exercise with Sarah in the Community Room
10:30 AM		Muffins & Mimosa's with Sarah in the Community Room
12:00 PM		Lunch
No Evening Programs Happy New Year's Eve		
5:00 PM		Dinner
8:00 PM		Tuesday Topic on Channel 1340: Why Is January 1st The "New Year"? The New Year has been celebrated since at least 2000 B.C.E. New Year was celebrated on January 1 in the Roman Empire because it was the day that new consuls were inaugurated. Since then we have had the Roman calendar, the Julian calendar, the Gregorian calendar, and the New Style Act calendar. Each tried to fuse the sun, the moon, the seasons, and important days in the Christian faith into one calendar, and celebrate the New Year on January 1. This finally happened in 1753! Runtime: 9 Minutes

WEDNESDAY, January 1st, 2025












8:00 AM		Breakfast
9:45 AM		Exercise with Angelina in the Community Room
10:15 AM		Trivia with Angelina in the Community Room
11:00 AM		<u>Catholic Mass Holy Celebration of the Solemnity of Mary with Syracuse Diocese Priests in IL TV Meeting Room-</u> Must Attend Independently
12:00 PM		Lunch
1:30 PM		Crosswords with Angelina in the Community Room
2:30 PM		Movie Matinee in the Community Room
5:00 PM		Dinner
8:00 PM		Wednesday topic on Channel 1340: How different cultures celebrate the New Year. Most people follow the Gregorian calendar, which has 365 days, or 12 months in the year. So January 1st ends up being the most commonly celebrated New Year. But, depending on who you speak with, the New Year reaches far beyond January 1st. Runtime: 6 Minutes


THURSDAY, January 2nd , 2025

8:00 AM		Breakfast
10:00 AM		Exercise with Angelina in the Community Room
10:30 AM		What's Your New Year's Resolution with Angelina in the Community Room
12:00 PM		Lunch
1:30 PM		Looming with Angelina in the Arts & Crafts Room
3:00 PM		<u>Hanukkah Happy Hour with Kenya Hora Klezmer Band- in IL Clubhouse</u> Meet Angelina at 2:25 to attend
5:00 PM		Dinner
8:00 PM		Thursday topic on channel 1340: Psychiatrist Daniel Amen Answers Brain Questions From Twitter on Tech Support by WIRED. RUNTIME: 20 Minutes

FRIDAY, January 3rd, 2025

8:00 AM		Breakfast
10:00 AM		Exercise with Angelina in the Community Room
10:30 AM		Mini Crosswords with Angelina in the Community Room
12:00 PM		Lunch
2:00 PM		New Year's Bash with Angelina in the Community Room
3:00 PM		<u>Musical Performance with Dale Randall in the Community Room</u>
3:00 PM		<u>Monthly Shabbat Service with Rabbi Moshe Saks of Temple Adath</u> in the 1 st Floor of IL Conference Room
5:00 PM		Dinner
8:00 PM		Friday topic on Channel 1340: The Audacious Plan That Brought Detroit Back From The Brink. The inspiring story of Detroit, Michigan's comeback a decade after declaring for bankruptcy--a revitalization effort led by Mayor Mike Duggan. RUNTIME: 14 Minutes

SATURDAY, January 4th, 2025

8:00 AM		Breakfast
9:45 AM		Exercise with Sarah in the Community Room
10:15 AM		Mouse and Cheese Game with Sarah in the Community Room
12:00 PM		Lunch
1:30 PM		Air Hockey with Sarah in the Sun Room
6:00 PM		SU Men's Basketball vs Florida State on Ch. 388
6:00 PM		News Hour in the Community Room

SUNDAY, January 5th, 2025

8:00 AM		Breakfast
9:45 AM		Exercise with Sarah in the Community Room
10:30 AM		<u>Sunday Service with Deacon Ralph in the Community Room</u>
12:00 PM		Lunch
1:30 PM		Brain Games with Sarah in the Community Room
2:30 PM		Movie Matinee in the Community Room
5:00 PM		Dinner
6:00 PM		News Hour in the Community Room