

Assisted Living Residence Weekly Telegraph

April 20th - 26th, 2026



The Nottingham Channel 1340
A publication for Residents and Employees

- Calendar of Events
- Coming Attractions
- Special Announcements
- Birthdays










Shannon Loughlin, Director of Life Enrichment
Abigail Loiselle, Recreation Therapist
Angelina Roberts, Recreation Specialist

315-413-3903
315-413-3596
315-413-3127

MONDAY, April 20th, 2026

8:00 AM		Breakfast
10:00 AM		Exercise with Abby in the Community Room
10:30 AM		Marbles and Munchkins with Abby in the Community Room
12:00 PM		Lunch
2:00 PM		High or Low with Angelina in the Arts and Crafts Room
3:00 PM		Bingo! with Abby in the Community Room
5:00 PM		Dinner

TUESDAY, April 21st, 2026






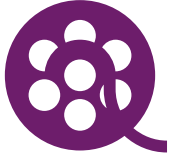

8:00 AM		Breakfast
10:00 AM		Exercise with Abby in the Community Room
10:30 AM		Manicures with Abby in the Community Room
12:00 PM		Lunch
1:30 PM		<u>Ecumenical Services in the Interfaith Chapel.</u> Meet Abby in the Community Room at 1:15 PM
2:15 PM		Art Show in Memory Care Garden- walk over with Abby to view resident artwork
3:00 PM		<u>Music Performance by The Lil' Jazz Trio in the Community Room</u>
5:00 PM		Dinner
6:15 PM		Evening Visits and 1:1s with Kaileigh

WEDNESDAY, April 22nd, 2026

~Happy Earth Day~

8:00 AM		Breakfast
10:00 AM		<u>Mindful Movement with Emily in the Community Room</u>
10:30 AM		Earth Day Trivia and “How We Can Help the Earth” Discussion in the Community Room
12:00 PM		Lunch
2:00 PM		Afternoon Walk (Indoor/Outdoor Weather Permitting)
3:00 PM		<u>Happy Hour in the Clubhouse with Live Music by Merlyn Fuller (meet Angelina at 2:45 to attend)</u>
5:00 PM		Dinner
6:15 PM		1:1 Visits with Angelina in the Community Room

THURSDAY, April 23rd, 2026

8:00 AM		Breakfast
10:00 AM		Exercise with Abby in the Community Room
10:45 AM		<u>Men's Group with Jim in the Arts and Crafts Room</u>
12:00 PM		Lunch
1:30 PM		Bridge Group in the Arts & Crafts Room
2:30 PM		Movie Theatre Day: Featuring- <i>The Bucket List</i> . <i>Popcorn and Drinks will be served!</i>
5:00 PM		Dinner










FRIDAY, April 24th, 2026

8:00 AM		Breakfast
10:00 AM		Exercise with Abby in the Community Room
10:30 AM		Boggle Word Game with Abby in the Community Room
12:00 PM		Lunch
1:15 PM		Sit & Stand Stronger with Tiffany in the Community Room
1:45 PM		<u>Drumming with Jimbo in the Sun Room</u>
3:00 PM		Women's Group with Abby in the Arts and Crafts Room
5:00 PM		Dinner

SATURDAY, April 25th, 2026

8:00 AM		Breakfast
9:45 AM		Exercise with Kaileigh in the Community Room
10:15 AM		Rhyme, Ryme, Rhyme, Wrong! Word Game with Kaileigh
12:00 PM		Lunch
1:30 PM		Cranium Crunches with Kaileigh in the Community Room
5:00 PM		Dinner

SUNDAY, April 26th, 2026

8:00 AM		Breakfast
10:00 AM		Exercise with Kaileigh in the Community Room
10:30 AM		<u>Communion Service with Eucharistic Minister Mark in the Community Room</u>
11:00 AM		Catholic Mass with Syracuse Diocese Priests In the Interfaith Chapel- IL D-Wing (must attend independently)
12:00 PM		Lunch
2:30 PM		Movie Matinee in the Community Room: Featuring <i>Pollyanna</i>
2:45 PM		<u>Outing to Hendrick's Chapel with Shannon for a Choir Performance</u> -sign up with Abby or Angelina
5:00 PM		Dinner
6:00 PM		News Hour in the Community Room